



FREE BEGINNER PICKLEBALL LESSONS

The Racquet Club offers free beginner pickleball lessons for OHCC residents. The class is designed for those new to pickleball who have never taken formal lessons.

The small group classes consist of an introductory overview followed by three on-court taught by experienced OHCC pickleball players. There will be one instructor for 4-6 students to maximize each student's time on the court.

Advance registration is required. Email the Help Desk ohrhelp@gmail.com

STEP 1. If you want to enroll in our free lessons, it's essential that you understand what pickleball at OHCC is all about. ***Introduction to Pickleball*** - a *mandatory* one-hour orientation describing how we play pickleball safely and have fun at OHCC -- includes a demonstration game narrated by club president Bob James. You'll be watching and listening, not playing. It's the **required first step** to enrolling in Beginner Pickleball classes.

Intro to Pickleball schedule

1st Monday of each month, 5 - 6pm on the Pavilion Courts Patio

STEP 2. The three 90-minute on-court lessons begin the week following the orientation session. Days and times will vary monthly depending on the volunteer instructors. Once you complete the orientation, you may register for the class. Refer to the quarterly schedule.

NOTE: Free loaner paddles will be available for students to use for the duration of the class. Paddles are expensive; try out our loaners before buying just any paddle.

Our Help Desk answers questions and takes reservations by email at ohrhelp@gmail.com. Please provide your name, email address and (cell) phone number along with the date you wish to attend the orientation. You'll get an email confirmation. If you prefer a call back to answer questions, say so in the email.